

Beginner setup and supply checklist

Use this sheet before buying or pressing. Write down exact model and blank IDs so you can find instructions that actually apply.

Choose the project

- ☐ Name one finished item and the exact blank or garment SKU.
- ☐ Record blank composition, coating, shape, and intended transfer process from its supplier.
- ☐ Measure the artwork area on this item, including seam and handle clearance.

Match the equipment

- ☐ Record the printer model, installed ink system, paper, and supported process.
- ☐ Check the printer's imageable width and height for the selected feed path; media size alone is insufficient.
- ☐ Record the exact press or oven model and confirm that the item fits its usable geometry.
- ☐ Find instructions for this blank and equipment context. Leave unknown settings blank.

Assemble the complete path

- ☐ List ink, paper, blank, protective sheets, transfer fixation, and heat-safe handling supplies required by the instructions.
- ☐ Check what is already owned or included in a bundle before totaling cost.
- ☐ Save the source URL, check date, and any conflict between a product page and manual.

Before the final item

- ☐ Confirm orientation and mirror instructions for this exact workflow.
- ☐ Follow the manufacturer or supplier preparation and safety instructions.
- ☐ Test one item before a batch where the supplier recommends a test.
- ☐ Record the actual setting and result in the material and settings log.

Source context: Epson SureColor F570 User's Guide (media and margins) and MakerFlo's 18 oz Hydro bottle/automatic press instructions, checked 2026-09-22. This checklist makes no universal time, temperature, or pressure recommendation.

[Epson F570 manual](#) | [MakerFlo Hydro instructions](#)